

<b>KIT CHECK LIST: BLACKDOWN</b>		✓OUTBOUND	✓HOME-BOUND	NOTES
ITEM	QUANTITY			
Headress* <a href="#">NOTE 1</a>	1			
Shirt, Uniform*	1			
Tie, Uniform*				
Sweater, turtle-neck*	1			
T-shirt, Uniform*				
Trouser, Uniform*	1			
Belt, black web, Uniform*	1			
Tunic, Uniform*				
Socks, grey wool, pair, Uniform*	2			
Boots, ankle, black, pair, Uniform*	1			
Raincoat, Uniform*				
Hat, Tilley*	1			
T-shirt, grey* (PT)	1			
T-Shirt, white	1			
Shorts, grey* (PT)	1			
Sweat suit	1			
Swimsuit <a href="#">NOTE 2</a>	1			
Swim Cap <a href="#">NOTE 3</a>				
Socks, athletic, white. Pair	2			
Shoes, Running/Cross-training*, pair	1			
Shoes, Water-activity, pair <a href="#">NOTE 5</a>	2			
Jacket <a href="#">NOTE 7</a>				
Underwear	6			
Sleepwear <a href="#">NOTE 2</a>	2			
Jeans <a href="#">NOTE 6</a>				
Personal Hygiene Kit including:				
Soap	1			
Shampoo	1			
Toothbrush	1			
Toothpaste	1			
Deodorant	1			
Hairbrush	1			
Shaving Kit (Razor, lather, as required)	1			
Handkerchief or Tissues	1			
Towel, bath	2			
Towel, hand	2			

<b>KIT CHECK LIST: BLACKDOWN</b>		✓OUTBOUND	✓HOME-BOUND	NOTES
ITEM	QUANTITY			
Cloth, face	2			
Footwear, shower, pair <a href="#">NOTE 4</a>	1			
Lip Balm (as required)	1			
Sunscreen: minimum SPF 29 suggested	1			
Insect Repellent <a href="#">DEET Caution</a>				
Eyeglasses, prescription (as required)	2			
Sports strap (retaining strap for cadets with prescription eyewear)	1			
Shine Kit (Shoe polish, soft cloth, e.g. Kiwi cloth, brush)	1			
Stationery supplies (pens, pencil, paper, stamps etc..)	1			
Lock, Combination or keyed padlock/ 2 keys unless otherwise specified	2, Combin- ation			
Clothes hangars	6			
Sewing Kit (Needle, thread)	1			
Bottle, sport	...			
Laundry detergent (also available for purchase at canteen)	1			
Kit bag*				
Gym bag/ knapsack				
Additional Items as Specified in Annex:	<a href="#">B</a>			
<b>Documents</b>				
Health Card	1			
Personal Items Log	1			
Transportation Form	1			
Prescription(s) – Meds	1			
Prescription – Eyeglasses	1			
Smoking Permission (as applicable)	1			
Identification (under age 16, Government-issued, e.g. birth certificate) if travelling by rail or air <b>OR</b> Photo identification (Age 16 and over, Government- issued, e.g. passport) if travelling by rail or air	2			
	1			
Long Distance Telephone Calling Card	1			
<b>Glider &amp; Power Pilot Candidates:</b> Cheques payable to Receiver General for Canada				

<b>ADDITIONAL ITEMS FOR CADET LEADER INSTRUCTOR ADVENTURE COURSE CADETS</b>				
Not mandatory, but recommended in view of the substantial time spent in hiking, backpacking, canoeing and mountain biking.				
Quick-dry shirts, shorts, pants (as required) **	3			
Hat with visor for sun protection	1			
Appropriate style hiking boot (as required) **	1			
Extra sports socks (minimum 3 pair extra)	3			
Sunglasses	1			
Wristwatch	1			
Dry bag(s)	2			
Bottle, sport	1, Nalgene style			

NOTES:

- \* Issued at home corps/squadron
- Note 1: Issued elemental cap, beret or wedge cap **INCLUDING brass or insignia**
- Note 2: Must be conservative in style and fit. Swimwear: Two-piece or bikini style not permitted. Nightwear: Appropriate to time of year, but sufficiently conservative to ensure standards of personal modesty.
- Note 3: For females with long hairstyles
- Note 4: For shower; Water resistant, Velcro fastener recommended, e.g. beach sandals, jelly shoes
- Note 5: Footwear capable of foot protection during water activities, e.g. canoeing, etc. Blackdown: Sandals with ankle strap, water shoes etc. RGS: Old running shoes, etc.
- Note 6: Only jeans, preferably blue denim, in good repair will be permitted for off-duty casual wear at those Training Centres permitting jeans at all. Torn, frayed, embellished (written-upon, painted, spangled, etc.) or low-rider garments are not permitted.
- Note 7: Lightweight windbreaker style. Warm sweater may be substituted.