

KIT CHECK LIST: TRENTON		✓OUTBOUND	✓HOME-BOUND	NOTES
ITEM	QUANTITY			
Headdress* Note 1	1			
Shirt, Uniform*	1			
Tie, Uniform*				
Sweater, turtle-neck*				
T-shirt, Uniform*	Min. 1 blue			
Trouser, Uniform*	1			
Belt, black web, Uniform*	1			
Tunic, Uniform*				
Socks, grey wool, pair, Uniform*	2			
Boots, ankle, black, pair, Uniform*	1			
Raincoat (Cadet parka) *	1			
Hat, Tilley*	1			
T-shirt, grey* (PT)	1			
T-Shirt, white				
Shorts, grey* (PT)	1			
Sweatsuit				
Swimsuit (Note 2)	1			
Swim Cap (Note 3)				
Socks, athletic, white. Pair	8			
Shoes, Running/Cross-training*, pair	1			
Shoes, Water-activity, pair (Note 5)	1			
Jacket (Note 7)	1			
Underwear	6			
Sleepwear (Note 2)	1			
Jeans (Note 6)	2			
Personal Hygiene Kit including:				
Soap	1			
Shampoo	1			
Toothbrush	1			
Toothpaste	1			
Deodorant	1			
Hairbrush	1			
Shaving Kit (Razor, lather, as required)	1			
Handkerchief or Tissues	1			
Towel, bath	2			
Towel, hand				
Cloth, face	1			
Footwear, shower, pair (Note 4)	1			

Lip Balm (as required)				
Sunscreen: minimum SPF 29 suggested	1			
Insect Repellent **DEET Caution				
Eyeglasses, prescription (as required)	2			
Sports strap (retaining strap for cadets with prescription eyewear)	1			
Shine Kit (Shoe polish, soft cloth, e.g. Kiwi cloth, brush)	1			
Stationery supplies (pens, pencil, paper, stamps etc..)	1			
Lock	2, Combination or keyed padlock/ 2 keys			
Clothes hangars	4			
Sewing Kit (Needle, thread)	1			
Bottle, sport	1, w/ carry case			
Laundry detergent (also available for purchase at canteen)				
Kit bag*	1			
Gym bag/ knapsack	1			
Additional Items as Specified in Annex:	E			
Documents				
Health Card	1			
Personal Items Log	1			
Transportation Form	1			
Prescription(s) - Meds	1			
Prescription - Eyeglasses	1			
Smoking Permission (as applicable)	1			
Identification (Under age 16; Government-issued, e.g. birth certificate) (if travelling by rail or air) OR	2			
Photo identification (Age 16 and over, Government-issued, e.g. passport) (if travelling by rail or air)	1			
Long Distance Telephone Calling Card	1			

NOTES:

- * Issued at home corps/squadron
- Note 1: Issued elemental cap, beret or wedge cap **INCLUDING brass or insignia**
- Note 2: Must be conservative in style and fit. Swimwear: Two-piece or bikini style not permitted. Sleepwear: Appropriate to time of year, but sufficiently conservative to ensure standards of personal modesty.
- Note 3: For females with long hairstyles
- Note 4: For shower; Water resistant, Velcro fastener recommended, e.g. beach sandals, jelly shoes
- Note 5: Footwear capable of foot protection during water activities, e.g. canoeing, etc. Blackdown: Sandals with ankle strap, water shoes etc. RGS: Old running shoes, etc.
- Note 6: Only jeans, preferably blue denim, in good repair will be permitted for off-duty casual wear at those Training Centres permitting jeans at all. Torn, frayed, embellished (written-upon, painted, spangled, etc.) or low-rider garments are not permitted.
- Note 7: Lightweight windbreaker style. Warm sweater may be substituted.